

Making Prevention a Priority in the Region 1 Community



Thanks to everyone who came out for Drug Take Back Day on April 24 - we collected over 40 pounds of unwanted and expired medication! We hope to see you at the next Drug Take Back Day on Saturday, 10/28.

ANNOUNCEMENTS

- **National Prevention Week** is coming up from May 7 to May 13! SAMHSA has a great [guide](#) on getting the word out, and you can learn more about the week-long event [here](#).
- **Thank you** to the David M. Hunt Library for hosting a Gizmo reading! Do you know of a local library in need of children's programming? If they host a reading of [Gizmo's Pawsome Guide to Mental Health](#), they can get a \$200 stipend, courtesy of Western Connecticut Coalition!
- We are excited to announce that later this month, the Region One School District will be implementing the 2023 Youth Voices Count student survey, which will give us the opportunity to get a glimpse at behavioral health trends with youth in the Region One community.

COMING UP:

- May 17, 10:30AM: NCPN Monthly Coalition Meeting (via [Zoom](#))
- May 24, 6:00PM - 8:00PM: *The Impacts of Marijuana on Teen Mental Health and Development* ([register here](#))
- May 24, 10:00AM: *Postvention 101*, presented by Western CT Coalition ([register here](#))



NCPN meets [via Zoom](#) on the 3rd Wednesday of each month @ 10:30 AM. Join us in creating positive change in the Region 1 community!



Read on to keep up with NCPN!

missed the last meeting?

Catch up with the most recent coalition meeting - [click here](#) to watch anytime! (Recorded on April 19, 2023)



Got a topic or special presentation in mind for the next meeting agenda? Feel free to submit your ideas [here](#), or send them to ncpncoalition@gmail.com.

Special Presentation: Gambling Prevention with Haley Brown, CPS

Problem gambling is a rising concern in the world of prevention, particularly with regard to its impact on youth. With the introduction of online casinos, sports betting and fantasy sports, 2021 introduced a considerable expansion of gambling in the state of Connecticut - which makes for a larger need for problem gambling prevention and awareness.



Haley Brown, CPS

At the most recent NCPN meeting, we welcomed Haley Brown from CT Problem Gambling Services as she gave us an overview of problem gambling and how prevention plays a role. In this well-rounded presentation, Haley gave a basic understanding the similarities and differences between problem gaming and problem gambling, risk factors and signs of problem gambling, and resources for getting help.

Haley is a Certified Prevention Specialist. She has been in the Prevention field since 2011, and is the current President of the Connecticut Association of Prevention Professionals (CAPP). In her role as the Primary Prevention Services Coordinator for DMHAS Problem Gambling Services, she works to share information, provide technical assistance, and support the implementation of prevention programming pertaining to problem gambling. For more information, please contact Haley at haley.brown@ct.gov!

May is Mental Health Awareness Month



[Prevention Planner](#) Theme of the Month:

Mental Health Promotion

How can you get involved?

- Work with local youth to get ideas for a peer messaging campaign to promote mental health
- Learn about building resiliency, coping skills, and mindfulness

Courtesy of Western Connecticut Coalition

Northwest Corner Prevention Network is a coalition with the goal of building healthier communities for youth and families, reducing youth substance use and risky behaviors, and enhancing informed decision-making skills, with local community partners.

NCPN serves the 6 towns that make up the Region 1 school district. The coalition operates through a partnership between McCall Behavioral Health Network and Housatonic Youth Service Bureau, and is funded through local and federal grants.

